

International Powerlifting Federation
European Sub-Junior & Junior Men's Championships, Czech Republic, Prague, 09-13.04.2013
DETAILED SCORESHEET

PL.	Lifters	BY	Nation	Weight	WF	Lot	All Squat			All Bench press			All Dead lift			TOTAL	W.pts.	Pts.		
Subjuniors																				
- 53 kg																				
1.	Muhin Vitaliy	1995	RUS	51,84	0,9845	8 155,0	165,0	175,0	1	100,0	107,5	110,0	1	155,0	165,0	175,0	1	450,0	443,02	12
2.	Chapniy Vladislav	1997	UKR	52,56	0,9704	4 120,0	130,0	137,5	3	70,0	77,5	80,0	3	140,0	150,0	157,5	2	367,5	356,60	9
3.	Savashynski Yauheni	1998	BLR	52,46	0,9723	5 130,0	135,0	137,5	2	80,0	87,5	90,0	2	130,0	135,0	142,5	3	365,0	354,88	8
- 59 kg																				
1.	Chorny Vladislav	1997	UKR	58,39	0,8746	1 170,0	187,5	195,0	1	85,0	95,0	100,0	1	170,0	195,0	207,5	1	490,0	428,57	12
2.	Malovec David	1998	SVK	58,50	0,8731	6 125,0	125,0	145,0	2	60,0	70,0	77,5	2	125,0	150,0	150,0	2	347,5	303,40	9
- 66 kg																				
1.	Kas'yanenko Vitaliy	1995	UKR	65,04	0,7948	7 245,0	255,0	260,0	1	130,0	135,0	140,0	2	245,0	255,0	255,0	1	640,0	508,67	12
2.	Shaibekov Vladislav	1995	RUS	65,58	0,7893	10 240,0	250,0	257,5	2	150,0	157,5	160,0	1	200,0	210,0	215,0	2	625,0	493,31	9
3.	Kutza Patryk	1995	POL	64,89	0,7963	3 200,0	210,0	220,0	3	112,5	120,0	120,0	4	190,0	200,0	205,0	3	527,5	420,05	8
4.	Yuzapchuk Ihar	1996	BLR	63,91	0,8066	9 185,0	200,0	210,0	4	125,0	125,0	130,0	3	190,0	200,0	205,0	4	525,0	423,46	7
5.	Kudresovas Lukas	1997	LTU	62,61	0,8211	11 135,0	142,5	152,5	6	100,0	110,0	115,0	5	190,0	190,0	205,0	5	452,5	371,53	6
6.	Bohacik Erik	1996	SVK	65,81	0,7871	2 150,0	150,0	165,0	5	85,0	92,5	97,5	6	160,0	182,5	202,5	6	445,0	350,25	5
- 74 kg																				
1.	Aminov Marat	1995	RUS	73,55	0,7225	15 240,0	252,5	265,0	1	170,0	175,0	182,5	1	230,0	250,0	267,5 cs	1 /cs	707,5	511,13	12
2.	Malevskis Klaudijus	1996	LTU	73,54	0,7225	2 220,0	230,0	235,0	3	160,0	167,5	172,5	2	200,0	215,0	220,0	3	622,5	449,76	9
3.	Vernichenko Volodymyr	1995	UKR	73,01	0,7263	13 220,0	232,5	237,5	2	155,0	160,0	162,5	3	215,0	215,0	215,0	5	615,0	446,68	8
4.	Sokka Tatu	1996	FIN	73,24	0,7246	9 205,0	215,0	232,5	4	142,5	152,5	152,5	5	210,0	220,0	225,0	2	592,5	429,33	7
5.	Avram Laurentiu	1995	ROU	72,72	0,7284	8 180,0	200,0	207,5	5	145,0	155,0	155,0	4	200,0	210,0	215,0	4	570,0	415,16	6
6.	Hansen Mickel Dahl	1996	DEN	73,94	0,7197	14 180,0	195,0	195,0	6	110,0	115,0	115,0	8	195,0	212,5	222,5	6	517,5	372,45	5
7.	Mikkila Kasper	1995	FIN	73,41	0,7234	10 180,0	190,0	200,0	7	120,0	120,0	120,0	6	175,0	185,0	192,5	7	502,5	363,52	4
8.	Kosik Andrej	1995	SVK	73,38	0,7236	5 165,0	180,0	190,0	8	100,0	110,0	115,0	7	170,0	185,0	195,0	8	475,0	343,72	3
- 83 kg																				
1.	Kovalyov Danylo	1996	UKR	82,52	0,6698	12 285,0	300,0 cs	310,0 cs	1 /cs	155,0	165,0	167,5	2	245,0	260,0	275,0	1	752,5/cs/	504,02	12
2.	Rubets Oleksandr	1996	UKR	82,06	0,6721	4 270,0	285,0	295,0	2	155,0	162,5	165,0	3	230,0	240,0	252,5	3	687,5	462,06	9
3.	Shvedov Alexey	1995	RUS	82,16	0,6716	3 240,0	247,5	252,5	3	152,5	160,0	160,0	4	220,0	225,0	230,0	6	632,5	424,78	8
4.	Kishonti Noel	1996	HUN	81,72	0,6738	1 190,0	200,0	210,0	7	130,0	165,0	170,0	1	220,0	235,0	250,0	2	630,0	424,49	7
5.	Bjorksted Pedro	1995	FIN	80,76	0,6787	6 210,0	220,0	230,0	6	127,5	135,0	140,0	6	230,0	240,0	247,5	4	600,0	407,22	6
6.	Setnický Erik	1995	SVK	80,39	0,6806	7 220,0	232,5	232,5	4	140,0	147,5	150,0	5	210,0	210,0	220,0	7	590,0	401,58	5
7.	Torronen Olli	1995	FIN	81,09	0,6769	11 215,0	225,0	232,5	5	115,0	120,0	122,5	7	210,0	225,0	230,0	5	580,0	392,63	4
- 93 kg																				
1.	Efimik Alexey	1995	RUS	92,87	0,6286	6 285,0	300,0	315,0 ws	2 /ws	182,5	190,0	195,0	1	265,0	270,0	282,5	3	780,0	490,30	12
2.	Frolov Eduard	1995	UKR	88,24	0,6449	8 280,0	300,0	320,0 ws	1 /ws	155,0	165,0	170,0	3	265,0	285,0	290,0	1	775,0	499,82	9
3.	Stasiulis Jokubas	1995	LTU	92,29	0,6305	14 245,0	260,0	260,0	3	172,5	182,5	190,0	2	230,0	242,5	270,0	2	720,0	453,98	8
4.	Cazacu Alexandru	1997	ROU	84,61	0,6601	13 185,0	200,0	210,0	4	105,0	115,0	120,0	4	160,0	170,0	180,0	4	510,0	336,63	7
- 105 kg																				
1.	Bozhuk Sergiy	1995	UKR	100,84	0,6066	11 285,0	295,0	300,0	1	170,0	180,0	185,0	2	270,0	277,5	282,5	1	767,5	465,55	12
2.	Jager Kevin	1995	GER	104,47	0,5987	12 275,0	275,0	X	3	235,0	235,0 ws	245,0 ws	1 /ws	220,0	237,5	247,5	3	767,5	459,47	9
3.	Iudin Nikita	1995	RUS	103,75	0,6001	4 265,0	280,0	287,5	2	160,0	170,0	175,0	3	245,0	255,0	260,0	2	717,5	430,57	8
4.	Hakonen Henri	1995	FIN	102,66	0,6025	2 240,0	257,5	265,0	4	165,0	172,5	175,0	4	235,0	245,0	247,5	4	682,5	411,19	7
- 120 kg																				
1.	Tytarenko Oleksandr	1995	UKR	105,31	0,5970	9 280,0	295,0	305,0	1	160,0	170,0	175,0	2	255,0	265,0	270,0	1	745,0	444,75	12
2.	Dudziak Hubert	1995	POL	119,11	0,5759	10 295,0	300,0	307,5	2	175,0	180,0	185,0	1	250,0	260,0	262,5	2	735,0	423,27	9
3.	Nemov Vladislav	1995	RUS	117,88	0,5774	1 235,0	242,5	242,5	4	150,0	157,5	157,5	3	215,0	227,5	232,5	3	625,0	360,88	8
4.	Czedl Filip	1996	SVK	110,54	0,5876	3 220,0	240,0	255,0	3	125,0	135,0	140,0	4	200,0	215,0	227,5	4	610,0	358,44	7
120+ kg																				

1. Gestsson Viktor Ben	1996	ISL	129,41	0,5661	7	225,0	232,5	242,5	2	180,0	190,0	200,0	1	230,0	240,0	255,0	1	682,5	386,35	12
2. Yakovlev Vyacheslav	1995	RUS	157,55	0,5494	5	240,0	260,0	280,0	1	150,0	165,0	175,0	2	200,0	230,0	260,0	2	665,0	365,38	9

Nation (points)

1. Ukraine	60	[12+12+12+12+12]	2351,57 w.pts.
2. Russia	54	[12+12+12+9+9]	2303,16 w.pts.
3. Slovakia	29	[9+7+5+5+3]	1757,42 w.pts.
4. Finland	28	[7+7+6+4+4]	2003,90 w.pts.
5. Lithuania	23	[9+8+6]	1275,29 w.pts.
6. Poland	17	[9+8]	843,33 w.pts.
7. Belarus	15	[8+7]	778,35 w.pts.
8. Romania	13	[7+6]	751,80 w.pts.
9. Iceland	12	[12]	386,36 w.pts.
10. Germany	9	[9]	459,47 w.pts.
11. Hungary	7	[7]	424,49 w.pts.
12. Denmark	5	[5]	372,46 w.pts.

Best Lifters of Subjuniors

PL.	Lifter	Nation	B.Weight	WF	Total	W. points
1.	Aminov Marat	Russia	73,55	0,7225	707,5	511,13
2.	Kas'yanenko Vitaliy	Ukraine	65,04	0,7948	640,0	508,67
3.	Kovalyov Danylo	Ukraine	82,52	0,6698	752,5	504,02

Juniors

- 53 kg

1. Tran Stefan	1991	FRA	52,87	0,9645	6	165,0	175,0	180,0	2	110,0	117,5	117,5	2	180,0	190,0	200,0	1	482,5	465,35	12
2. Pellerin Valentin	1994	FRA	52,73	0,9671	5	165,0	175,0	175,0	1	100,0	100,0	100,0	3	160,0	170,0	180,0	2	445,0	430,37	9
3. Yadne Gennadiy	1994	RUS	52,13	0,9787	9	150,0	160,0	165,0	3	110,0	117,5	120,0	1	150,0	160,0	165,0	3	440,0	430,62	8
4. Slabinski Adam	1992	POL	50,62	1,0097	7	120,0	130,0	130,0	4	75,0	82,5	82,5	4	135,0	150,0	157,5	4	345,0	348,33	7

- 59 kg

1. Yasenetskiy Oleg	1991	UKR	58,21	0,8772	3	220,0	227,5	230,0	1	140,0	145,0	150,0	1	195,0	215,0	215,0	1	585,0	513,13	12
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- 66 kg

1. Nguyen Daniel	1994	FRA	65,85	0,7867	1	250,0	262,5	262,5	2	155,0	165,0	175,0	1	245,0	245,0	250,0	1	687,5	540,85	12
2. Borodatyi Oleksandr	1994	UKR	65,80	0,7872	2	250,0	260,0	267,5	1	150,0	160,0	167,5	2	240,0	247,5	260,0	2	675,0	531,36	9
3. Semenov Vladimir	1994	RUS	65,52	0,7899	4	235,0	245,0	250,0	3	147,5	152,5	160,0	4	202,5	215,0	217,5	5	620,0	489,73	8
4. Onolov Bogdan	1990	ROU	65,12	0,7940	8	212,5	217,5	217,5	5	157,5	165,0	167,5	3	220,0	227,5	232,5	4	597,5	474,41	7
5. More Jan	1993	CZE	63,77	0,8081	12	180,0	195,0	212,5	6	130,0	140,0	140,0	6	220,0	230,0	237,5	3	555,0	448,51	6
6. Hampel Max	1993	GER	65,38	0,7913	10	195,0	205,0	215,0	4	120,0	125,0	130,0	7	190,0	200,0	212,5	6	545,0	431,26	5
7. Arnarson Sindri Freyr	1992	ISL	65,32	0,7920	11	175,0	185,0	195,0	7	130,0	130,0	140,0	5	190,0	190,0	200,0	7	515,0	407,86	4

- 74 kg

1. Duong Vichet	1993	FRA	69,57	0,7529	4	305,0	323,0	323,0	1	170,0	180,0	187,5	2	260,0	270,0	270,0	6	752,5	566,58	12
2. Kuusnomm Aimar	1990	EST	72,99	0,7265	15	275,0	285,0	285,0	4	185,0	195,0	200,0	1	270,0	280,0	285,0	5	740,0	537,58	9
3. Orel Ilya	1993	RUS	72,77	0,7280	11	280,0	285,0	290,0	2	170,0	177,5	182,5	4	270,0	282,5	287,5	4	737,5	536,90	8
4. Makhov Oleksandr	1990	UKR	72,69	0,7286	14	265,0	275,0	280,0	3	150,0	155,0	155,0	11	260,0	272,5	280,0	1	710,0	517,29	7
5. Barczak Lukasz	1990	POL	73,19	0,7250	1	260,0	267,5	272,5	5	170,0	175,0	180,0	5	240,0	257,5	257,5	10	682,5	494,79	6
6. Pupinis Paulius	1994	LTU	71,77	0,7354	9	250,0	250,0	250,0	6	160,0	167,5	172,5	8	250,0	260,0	265,0	7	667,5	490,90	5
7. Olak Harri	1992	EST	73,71	0,7213	2	235,0	235,0	255,0	10	152,5	X	X	10	260,0	275,0	280,0	2	667,5	481,48	4
8. Fusco Piero	1992	ITA	74,00	0,7193	10	235,0	240,0	255,0	8	170,0	170,0	175,0	7	230,0	250,0	250,0	11	640,0	460,35	3
9. Maki Eero	1992	FIN	73,17	0,7251	8	215,0	225,0	235,0	9	140,0	147,5	155,0	13	230,0	245,0	255,0	8	627,5	455,00	2
10. Irimie Andrei Nicolae	1990	ROU	73,44	0,7232	13	220,0	240,0	250,0	12	172,5	180,0	185,0	3	215,0	222,5	X	12	627,5	453,82	1
11. Milla Marius	1993	GER	73,75	0,7210	7	215,0	222,5	230,0	11	137,5	142,5	145,0	14	225,0	245,0	245,0	9	620,0	447,05	1
12. Fuderer Patrick	1991	AUT	73,48	0,7229	5	230,0	240,0	250,0	7	155,0	160,0	165,0	9	180,0	200,0	215,0	14	600,0	433,76	1

13. Roka Tamas	1990	HUN	68,64	0,7608	3	200,0	200,0	205,0	13	130,0	140,0	147,5	15	200,0	220,0	220,0	13	540,0	410,85	1
14. Jonsson Dadi Mar	1994	ISL	73,62	0,7220	6	190,0	200,0	200,0	14	140,0	150,0	155,0	12	185,0	200,0	200,0	15	535,0	386,24	1
— Varabyou Aliaksandr	1990	BLR	73,36	0,7238	12	260,0	270,0	270,0	Disq.	160,0	172,5	180,0	6	260,0	275,0	280,0	3	Out	—	—
- 83 kg																				
1. Martynenko Roman	1990	UKR	82,31	0,6709	17	305,0	317,5	327,5	1	235,0	245,0	250,0	cj 1 /cj	250,0	260,0	265,0	11	842,5	565,19	12
2. Panteliev Artem	1992	UKR	82,25	0,6712	16	320,0	325,0	330,0	2	200,0	205,0	207,5	4	265,0	275,0	290,0	1	822,5	552,02	9
3. Huber Alexander	1990	AUT	82,58	0,6695	3	315,0	315,0	320,0	3	212,5	212,5	217,5	2	265,0	275,0	297,5	4	802,5	537,27	8
4. Tseloy Nikolay	1991	RUS	82,76	0,6687	13	310,0	317,5	317,5	4	185,0	192,5	197,5	6	270,0	277,5	287,5	10	777,5	519,88	7
5. Fransson Henrik	1991	SWE	82,77	0,6686	8	260,0	270,0	272,5	11	205,0	205,0	212,5	3	262,5	275,0	285,0	5	757,5	506,47	6
6. Penasse Tanguy	1990	BEL	82,78	0,6686	1	275,0	300,0	310,0	6	170,0	180,0	180,0	11	245,0	260,0	275,0	6	755,0	504,77	5
7. Carniel Simone	1990	ITA	81,62	0,6743	2	265,0	280,0	282,5	9	175,0	182,5	187,5	8	265,0	282,5	292,5	2	752,5	507,41	4
8. Artimavicius Aurimas	1990	LTU	82,63	0,6693	18	250,0	260,0	270,0	10	160,0	170,0	180,0	10	250,0	265,0	272,5	8	722,5	483,53	3
9. Ahrendsen Lasse	1994	DEN	82,59	0,6694	10	262,5	272,5	272,5	12	165,0	172,5	175,0	12	265,0	282,5	290,0	3	720,0	482,00	2
10. Kapala Marcin	1992	POL	82,30	0,6709	9	280,0	290,0	290,0	7	155,0	162,5	167,5	14	245,0	260,0	270,0	13	717,5	481,37	1
11. Duff James	1992	GBR	80,57	0,6797	20	280,0	300,0	310,0	5	155,0	160,0	160,0	16	245,0	255,0	262,5	15	715,0	485,94	1
12. Rodsjo Espen Andreas	1990	NOR	81,45	0,6752	15	232,5	245,0	255,0	13	180,0	185,0	185,0	9	255,0	255,0	272,5	7	712,5	481,04	1
13. Pyragas Eugenijus	1993	LTU	82,35	0,6706	14	245,0	255,0	255,0	15	170,0	177,5	177,5	13	270,0	282,5	285,0	9	695,0	466,10	1
14. Schnurr Julian	1994	GER	82,26	0,6711	4	242,5	255,0	260,0	14	187,5	192,5	195,0	7	225,0	232,5	237,5	17	687,5	461,38	1
15. Budek Marcin	1994	POL	82,59	0,6694	7	245,0	255,0	265,0	16	120,0	125,0	125,0	18	250,0	265,0	275,0	16	625,0	418,40	1
16. Murarik Marcel	1992	CZE	82,68	0,6690	11	225,0	235,0	240,0	17	155,0	165,0	165,0	17	215,0	230,0	237,5	18	625,0	418,12	1
17. Steinbauer Peter	1994	AUT	80,97	0,6775	5	215,0	225,0	230,0	18	165,0	165,0	180,0	15	200,0	210,0	220,0	20	610,0	413,30	1
— Czegenyi Raymond	1994	HUN	80,88	0,6780	6	245,0	245,0	245,0	Disq.	100,0	100,0	X	19	220,0	240,0	X	19	Out	—	—
— Hubbard Owen	1992	GBR	80,91	0,6778	19	270,0	285,0	290,0	8	205,0	205,0	205,0	Disq.	245,0	260,0	275,0	12	Out	—	—
— Curth Vincent	1991	GER	81,13	0,6767	12	295,0	307,5	315,0	Disq.	180,0	190,0	200,0	5	240,0	257,5	260,0	14	Out	—	—
- 93 kg																				
1. Berdnikov Evgeniy	1991	RUS	92,37	0,6302	6	310,0	325,0	340,0	1	220,0	230,0	235,0	3	310,0	330,0	342,5	1	912,5	575,07	12
2. Pravnik Anton	1991	UKR	89,84	0,6390	11	305,0	315,0	325,0	2	220,0	230,0	237,5	2	300,0	317,5	337,5	3	880,0	562,30	9
3. Gunhamn Erik	1992	SWE	91,65	0,6326	14	280,0	300,0	300,0	5	200,0	200,0	207,5	4	340,0	360,0	363,0	2	847,5	536,17	8
4. Lysvand Julian	1991	NOR	92,03	0,6314	5	272,5	282,5	290,0	7	192,5	200,0	205,0	6	290,0	307,5	312,5	4	800,0	505,10	7
5. Midtby Andre	1991	NOR	91,34	0,6337	1	285,0	300,0	305,0	4	205,0	212,5	212,5	5	270,0	280,0	290,0	9	790,0	500,60	6
6. Dimmel Artur	1991	GER	90,22	0,6376	10	285,0	285,0	285,0	6	190,0	195,0	200,0	8	300,0	310,0	310,0	5	780,0	497,34	5
7. Kronovetr Tadeas	1993	CZE	88,91	0,6424	2	280,0	290,0	305,0	3	170,0	180,0	185,0	9	270,0	280,0	290,0	7	770,0	494,62	4
8. Spiers Andrew	1991	GBR	90,69	0,6359	13	240,0	245,0	260,0	10	190,0	200,0	200,0	7	260,0	272,5	285,0	10	732,5	465,82	3
9. Urbanavicius Karolis	1991	LTU	88,83	0,6427	7	250,0	260,0	270,0	9	165,0	170,0	177,5	11	255,0	270,0	272,5	11	710,0	456,30	2
— Pruwasser Stefan	1992	AUT	85,13	0,6578	12	240,0	250,0	250,0	11	195,0	195,0	195,0	Disq.	220,0	X	X	14	Out	—	—
— Horvath Peter	1991	HUN	90,15	0,6379	9	265,0	280,0	300,0	8	160,0	160,0	160,0	Disq.	265,0	280,0	290,0	8	Out	—	—
— Gonge Jonathan	1992	DEN	91,81	0,6321	4	285,0	285,0	285,0	Disq.	185,0	195,0	195,0	10	290,0	310,0	310,0	6	Out	—	—
— Moravec Jan	1993	CZE	92,72	0,6291	3	250,0	250,0	265,0	Disq.	140,0	145,0	150,0	12	230,0	240,0	X	13	Out	—	—
— Grenier Allan	1990	FRA	92,74	0,6290	8	310,0	310,0	320,0	Disq.	250,0	267,5	267,5	1	270,0	285,0	285,0	12	Out	—	—
- 105 kg																				
1. Raus Alex-Edward	1992	EST	102,90	0,6019	6	370,0	387,5	387,5	1	240,0	247,5	255,0	2	330,0	342,5	350,0	1	967,5	582,33	12
2. Sagor Rait	1990	EST	104,40	0,5988	19	340,0	352,5	360,0	3	240,0	247,5	255,0	1	340,0	340,0	363,0	3	947,5	567,36	9
3. Inin Andrey	1990	RUS	104,42	0,5988	13	320,0	340,0	350,0	4	225,0	225,0	240,0	3	327,5	340,0	347,5	2	937,5	561,33	8
4. Lindseth Joachim	1992	NOR	104,33	0,5989	14	335,0	355,0	362,5	2	225,0	232,5	237,5	4	317,5	327,5	335,0	4	935,0	560,00	7
5. Hamson John	1990	GBR	102,26	0,6033	11	310,0	330,0	340,0	8	215,0	227,5	235,0	5	280,0	300,0	307,5	6	865,0	521,87	6
6. Zimmermann Szczepan	1990	POL	101,80	0,6044	7	330,0	345,0	355,0	5	200,0	210,0	215,0	11	292,5	300,0	310,0	5	855,0	516,76	5
7. Bottger Marcus	1990	GER	102,44	0,6029	12	325,0	337,5	345,0	7	210,0	217,5	222,5	9	285,0	295,0	302,5	7	850,0	512,48	4
8. Sobotka Filip	1993	CZE	104,75	0,5981	9	320,0	340,0	350,0	6	200,0	215,0	220,0	8	290,0	305,0	305,0	11	850,0	508,38	3
9. Ostersaas Sindre	1990	NOR	104,01	0,5996	1	290,0	300,0	305,0	12	215,0	220,0	222,5	7	285,0	295,0	300,0	8	815,0	488,65	2
10. Samuelsson Viktor	1993	ISL	104,01	0,5996	2	270,0	285,0	297,5	13	220,0	230,0	237,5	6	270,0	280,0	292,5	16	807,5	484,16	1
11. Pahl Dominik	1992	GER	104,10	0,5994	5	300,0	315,0	327,5	9	177,5	182,5	187,5	17	272,5	287,5	287,5	13	802,5	481,01	1
12. Van Heesvelde Jeroen	1990	BEL	103,38	0,6009	18	285,0	302,5	302,5	10	190,0	195,0	200,0	15	282,5	297,5	300,0	14	785,0	471,73	1

13. Romani Giacomo	1991	ITA	99,95	0,6087	10	290,0	300,0	310,0	11	180,0	187,5	187,5	16	290,0	300,0	300,0	9	777,5	473,26	1
14. Novak Tomas	1990	CZE	102,20	0,6035	16	272,5	282,5	297,5	16	197,5	205,0	212,5	12	270,0	287,5	302,5	12	775,0	467,71	1
15. Gluck Markus	1990	AUT	102,05	0,6038	4	270,0	275,0	280,0	17	200,0	200,0	205,0	14	270,0	290,0	290,0	10	770,0	464,92	1
16. Vestergaard Rene	1991	DEN	101,70	0,6046	8	265,0	277,5	285,0	14	195,0	202,5	202,5	13	280,0	292,5	292,5	15	767,5	464,03	1
17. Beaumont Louis	1991	GBR	103,18	0,6013	17	285,0	295,0	295,0	15	180,0	190,0	190,0	18	255,0	265,0	275,0	17	740,0	444,99	1
18. Hummer Mathias	1993	AUT	100,85	0,6066	3	240,0	250,0	260,0	19	197,5	205,0	210,0	10	220,0	240,0	242,5	19	702,5	426,10	1
19. Szabo Arpad	1993	HUN	95,15	0,6216	15	245,0	260,0	275,0	18	175,0	182,5	182,5	19	250,0	267,5	267,5	18	700,0	435,08	1

- 120 kg

1. Usov Sergey	1993	RUS	113,67	0,5829	7	365,0	375,0	375,0	2	275,0	280,0	280,0	1	320,0	332,5	355,0	2	977,5	569,74	12
2. Potapenko Myhaylo	1991	UKR	119,82	0,5751	8	345,0	360,0	370,0	1	255,0	262,5	262,5	2	302,5	317,5	322,5	3	955,0	549,20	9
3. Joskowski Jan	1991	POL	111,79	0,5856	1	315,0	335,0	345,0	3	215,0	222,5	227,5	3	300,0	320,0	332,5	1	890,0	521,20	8
4. Rippe Marvin	1990	GER	107,69	0,5924	13	282,5	300,0	305,0	7	200,0	207,5	215,0	4	285,0	302,5	302,5	5	805,0	476,89	7
5. Kozak Martin	1990	CZE	115,18	0,5808	10	290,0	305,0	312,5	5	190,0	200,0	207,5	5	285,0	302,5	302,5	6	805,0	467,56	6
6. Nizio Lukasz	1992	POL	105,08	0,5974	12	260,0	290,0	305,0	8	185,0	195,0	205,0	6	270,0	295,0	320,0	4	780,0	466,00	5
7. Kokholm Tobias	1991	DEN	109,87	0,5887	4	290,0	302,5	312,5	4	180,0	190,0	195,0	7	260,0	272,5	282,5	8	780,0	459,20	4
8. Uher Pavel	1994	CZE	119,76	0,5752	3	300,0	300,0	310,0	6	180,0	187,5	187,5	8	270,0	280,0	285,0	7	777,5	447,20	3
9. Gavaldik Zsolt	1992	HUN	115,13	0,5809	5	225,0	240,0	260,0	9	145,0	155,0	170,0	9	230,0	250,0	260,0	9	665,0	386,27	2

120+ kg

1. Dokalin Dmitriy	1990	RUS	133,10	0,5633	2	342,5	360,0	365,0	3	275,0	285,0	290,0	1	312,5	320,0	330,0	1	980,0	552,03	12
2. Jarota Kamil	1991	POL	146,05	0,5554	11	370,0	370,0	390,0	1	245,0	255,0	260,0	3	300,0	315,0	327,5	2	960,0	533,18	9
3. Zellin Niklas	1991	NOR	137,44	0,5604	14	365,0	380,0	380,0	2	252,5	252,5	262,5	4	300,0	312,5	312,5	3	945,0	529,54	8
4. Johannsson Julian J.K.	1993	ISL	153,60	0,5515	6	315,0	332,5	342,5	4	242,5	252,5	260,0	2	310,0	335,0	335,0	4	912,5	503,24	7
5. Badreddine Ziyed	1991	NED	133,95	0,5627	9	315,0	330,0	337,5	5	202,5	210,0	215,0	5	290,0	305,0	312,5	5	857,5	482,51	6

Nation (points)

1. Russia	52	[12+12+12+8+8]	2795,10 w.pts.
2. Ukraine	51	[12+12+9+9+9]	2741,85 w.pts.
3. France	45	[12+12+12+9]	2003,17 w.pts.
4. Poland	35	[9+8+7+6+5]	2414,27 w.pts.
5. Estonia	34	[12+9+9+4]	2168,78 w.pts.
6. Norway	30	[8+7+7+6+2]	2583,92 w.pts.
7. Germany	22	[7+5+5+4+1]	2399,01 w.pts.
8. Czechia	22	[6+6+4+3+3]	2366,28 w.pts.
9. Sweden	14	[8+6]	1042,65 w.pts.
10. Iceland	13	[7+4+1+1]	1781,52 w.pts.
11. Austria	12	[8+1+1+1+1]	2275,37 w.pts.
12. Great Britain	11	[6+3+1+1]	1918,64 w.pts.
13. Lithuania	11	[5+3+2+1]	1896,84 w.pts.
14. Romania	8	[7+1]	928,24 w.pts.
15. Italy	8	[4+3+1]	1441,03 w.pts.
16. Denmark	7	[4+2+1]	1405,24 w.pts.
17. Netherlands	6	[6]	482,52 w.pts.
18. Belgium	6	[5+1]	976,52 w.pts.
19. Hungary	4	[2+1+1]	1232,22 w.pts.
20. Finland	2	[2]	455,01 w.pts.
— Belarus	—		

Best Lifters of Juniors

PL.	Lifter	Nation	B.Weight	WF	Total	W. points
1.	Raus Alex-Edward	Estonia	102,90	0,6019	967,5	582,33
2.	Berdnikov Evgeniy	Russia	92,37	0,6302	912,5	575,07
3.	Usov Sergey	Russia	113,67	0,5829	977,5	569,74

International Powerlifting Federation
European Sub-Junior & Junior Women's Championships, Czech Republic, Prague, 09-13.04.2013
DETAILED SCORESHEET

PL.	Lifters	BY	Nation	Weight	WF	Lot	All Squat			All Bench press				All Dead lift			TOTAL	W.pts.	Pts.		
Subjuniors																					
- 43 kg																					
1.	Terskova Lolita	1996	RUS	41,00	1,4724	12	100,0	107,5	110,0	1	50,0	55,0	60,0	1	100,0	107,5	112,5	1	280,0	412,27	12
- 47 kg																					
1.	Shornikova Lydmila	1995	RUS	46,95	1,3459	3	105,0	107,5	120,0	1	55,0	62,5	70,0	1	105,0	115,0	122,5	1	300,0	403,78	12
- 52 kg																					
1.	Ilynska Mariya	1995	UKR	51,78	1,2508	10	125,0	135,0	142,5	2	75,0	80,0	85,0	2	135,0	147,5	150,0	1	370,0	462,78	12
2.	Smolekho Tatiana	1996	RUS	49,35	1,2974	4	130,0	145,0	152,5	1	85,0	90,0	95,0	1	112,5	120,0	122,5	2	367,5	476,79	9
- 57 kg																					
1.	Maatta Krista	1995	FIN	55,87	1,1788	6	130,0	137,5	140,0	1	62,5	67,5	72,5	3	132,5	137,5	142,5	1	350,0	412,57	12
2.	Ikonnikova Elizaveta	1995	RUS	55,81	1,1797	16	120,0	127,5	130,0	2	70,0	75,0	77,5	2	130,0	140,0	147,5	2	342,5	404,06	9
3.	Van Baalen Katinka	1996	NED	54,93	1,1945	7	107,5	115,0	120,0	4	70,0	75,0	80,0	1	125,0	132,5	137,5	3	332,5	397,16	8
4.	Sabathy Marlene	1996	AUT	53,06	1,2273	15	110,0	120,0	125,0	3	50,0	55,0	60,0	4	80,0	90,0	100,0	4	285,0	349,78	7
- 63 kg																					
1.	Hansen Majken	1996	DEN	62,97	1,0744	19	160,0	160,0	167,5	3	85,0	90,0	92,5	1	155,0	162,5	162,5	1	412,5	443,18	12
2.	Ivanina Kateryna	1995	UKR	60,15	1,1127	2	150,0	160,0	165,0	2	80,0	87,5	90,0	2	140,0	152,5	157,5	2	405,0	450,64	9
3.	Nuzhdina Evgeniya	1995	RUS	61,64	1,0919	13	160,0	165,0	170,0	1	70,0	75,0	80,0	3	137,5	150,0	160,0	3	382,5	417,66	8
- 72 kg																					
1.	Leandersson Frida	1995	SWE	66,58	1,0308	17	155,0	165,0	170,0	1	95,0	100,0	105,0	1	155,0	165,0	165,0	1	435,0	448,40	12
2.	Orobets Yuliya	1995	UKR	67,57	1,0198	8	150,0	160,0	165,0	2	85,0	92,5	97,5	2	135,0	145,0	165,0	2	407,5	415,58	9
3.	Davletshina Alina	1996	RUS	68,17	1,0134	11	130,0	145,0	155,0	3	82,5	87,5	90,0	3	122,5	135,0	145,0	3	390,0	395,23	8
4.	Slusarczyk Anna	1995	POL	69,62	0,9986	14	145,0	155,0	165,0	4	62,5	67,5	67,5	4	115,0	125,0	132,5	4	342,5	342,02	7
- 84 kg																					
1.	Haklik Dorottya	1996	HUN	82,92	0,8976	1	150,0	160,0	160,0	2	70,0	75,0	80,0	1	140,0	150,0	152,5	1	392,5	352,30	12
2.	Laukkanen Mirella	1995	FIN	82,45	0,9002	5	165,0	175,0	175,0	1	77,5	82,5	82,5	2	135,0	137,5	140,0	3	387,5	348,84	9
3.	Boyrshinova Arina	1998	RUS	78,00	0,9283	9	115,0	130,0	130,0	3	52,5	57,5	62,5	3	120,0	135,0	137,5	2	327,5	304,01	8
84+ kg																					
1.	Radchenko Iulia	1996	RUS	92,00	0,8565	18	165,0	175,0	180,0	1	80,0	90,0	X	1	150,0	160,0	175,0	1	430,0	368,29	12

Nation (points)

1. Russia	54	[12+12+12+9+9]	2065,21 w.pts.
2. Ukraine	30	[12+9+9]	1329,01 w.pts.
3. Finland	21	[12+9]	761,42 w.pts.
4. Sweden	12	[12]	448,41 w.pts.
5. Denmark	12	[12]	443,19 w.pts.
6. Hungary	12	[12]	352,31 w.pts.
7. Netherlands	8	[8]	397,17 w.pts.
8. Austria	7	[7]	349,79 w.pts.
9. Poland	7	[7]	342,02 w.pts.

Best Lifters of Subjuniors

PL.	Lifter	Nation	B.Weight	WF	Total	W. points
1.	Smolekho Tatiana	Russia	49,35	1,2974	367,5	476,79
2.	Ilynska Mariya	Ukraine	51,78	1,2508	370,0	462,78
3.	Ivanina Kateryna	Ukraine	60,15	1,1127	405,0	450,64

Juniors

- 43 kg

1. Durand Andrea	1994	FRA	42,63	1,4374	13	115,0	125,0	130,0	1	55,0	60,0	65,0	1	110,0	117,5	117,5	2	307,5	442,01	12
2. Alikina Ekaterina	1993	RUS	41,26	1,4668	16	115,0	122,5	122,5	2	52,5	55,0	57,5	2	110,0	117,5	120,0	1	290,0	425,38	9
- 47 kg																				
1. Moskaleva Kristina	1991	RUS	46,91	1,3468	22	142,5	150,0	155,0	1	67,5	72,5	77,5	2	135,0	140,0	147,5	1	372,5	501,67	12
2. Grillet Celine	1991	FRA	46,88	1,3474	3	137,5	142,5	147,5	2	82,5	87,5	90,0	1	132,5	137,5	145,0	2	370,0	498,53	9
- 52 kg																				
1. Khlebodarova Iryna	1990	UKR	51,61	1,2539	2	145,0	152,5	155,0	2	82,5	87,5	90,0	1	135,0	147,5	152,5	1	395,0	495,29	12
2. Wendlandt Mareen	1991	GER	51,74	1,2515	21	152,5	160,0	160,0	1	80,0	85,0	85,0	2	140,0	147,5	157,5	2	387,5	484,94	9
3. Ananeva Polina	1993	RUS	49,97	1,2852	6	130,0	137,5	142,5	3	70,0	75,0	77,5	3	120,0	127,5	132,5	3	340,0	436,96	8
4. Csatlos Klaudia	1990	HUN	50,28	1,2792	9	105,0	115,0	115,0	4	50,0	67,5	72,5	4	122,5	130,0	132,5	4	295,0	377,36	7
- 57 kg																				
1. Osipova Ekaterina	1991	RUS	55,23	1,1895	14	170,0	180,0	185,0	2	107,5	112,5	117,5	1	160,0	170,0	177,5	1	472,5	562,03	12
2. Khrystova Varvara	1990	UKR	56,57	1,1673	7	172,5	182,5	187,5	1	85,0	92,5	92,5	4	150,0	160,0	170,0	2	442,5	516,52	9
3. Grondin Amandine	1992	FRA	56,23	1,1728	19	150,0	150,0	155,0	5	95,0	100,0	105,0	2	135,0	140,0	142,5	4	400,0	469,12	8
4. Malynovska Nataliia	1993	UKR	56,47	1,1689	12	140,0	155,0	160,0	4	82,5	82,5	82,5	6	142,5	155,0	160,0	3	397,5	464,64	7
5. Dupre Delphine	1991	FRA	56,37	1,1706	20	140,0	150,0	155,0	6	80,0	85,0	85,0	3	130,0	140,0	147,5	5	375,0	438,96	6
6. Felinska Olimpia	1992	POL	55,79	1,1801	17	150,0	160,0	165,0	3	80,0	82,5	85,0	5	130,0	142,5	142,5	7	372,5	439,57	5
7. Bruvere Milda	1994	LTU	55,89	1,1785	18	120,0	130,0	130,0	7	50,0	57,5	57,5	7	120,0	130,0	135,0	6	315,0	371,21	4
- 63 kg																				
1. Boboshko Vira	1993	UKR	62,52	1,0802	1	165,0	175,0	182,5	1	100,0	107,5	110,0	1	160,0	170,0	180,0	2	462,5	499,61	12
2. Gainulina Rimma	1991	RUS	62,73	1,0775	10	170,0	170,0	177,5	2	90,0	95,0	100,0	5	160,0	170,0	175,0	1	445,0	479,47	9
3. Haaland Lillian	1994	NOR	62,58	1,0795	4	147,5	155,0	160,0	3	95,0	102,5	107,5	3	145,0	152,5	162,5	3	430,0	464,16	8
4. Jurcikova Iveta	1992	SVK	62,08	1,0861	5	145,0	150,0	155,0	4	100,0	100,0	107,5	2	140,0	150,0	150,0	4	402,5	437,13	7
5. Kainleinsberger Marina	1990	AUT	57,01	1,1602	15	147,5	152,5	157,5	5	95,0	100,0	105,0	4	130,0	137,5	142,5	5	390,0	452,49	6
6. Schmelzenbart Ariane	1990	AUT	60,62	1,1060	11	135,0	140,0	145,0	6	80,0	82,5	85,0	6	125,0	127,5	130,0	6	352,5	389,87	5
7. Hyblerova Katerina	1991	CZE	58,03	1,1443	8	110,0	117,5	122,5	7	60,0	67,5	72,5	7	110,0	115,0	120,0	7	310,0	354,71	4
- 72 kg																				
1. Koutnakova Martina	1990	CZE	71,43	0,9812	2	180,0	190,0	200,0	2	105,0	110,0	115,0	1	155,0	165,0	170,0	2	470,0	461,17	12
2. Ovcharova Elena	1992	RUS	71,60	0,9797	11	185,0	192,5	192,5	3	102,5	107,5	107,5	2	150,0	160,0	175,0	5	452,5	443,31	9
3. Nyholm Sara	1992	DEN	68,30	1,0121	1	160,0	160,0	170,0	4	87,5	92,5	92,5	4	145,0	160,0	167,5	3	422,5	427,61	8
4. Imre Daniella	1994	HUN	70,88	0,9864	8	160,0	167,5	170,0	5	87,5	95,0	97,5	3	155,0	165,0	167,5	6	422,5	416,74	7
5. Arnadottir Arnhildur Anna	1992	ISL	71,27	0,9827	3	155,0	165,0	170,0	6	87,5	87,5	90,0	5	150,0	160,0	167,5	4	415,0	407,82	6
— Elverum Marte	1990	NOR	71,18	0,9836	14	215,0	215,0	225,0	1	120,0	120,0	120,0	Disq.	197,5	197,5	207,5	1	Out	—	—
- 84 kg																				
1. Ruud Inger Johanne	1991	NOR	80,89	0,9095	9	210,0	217,5	220,0	2	132,5	137,5	140,0	1	185,0	195,0	200,0	1	542,5	493,38	12
2. Bratus Ekaterina	1991	RUS	82,50	0,9000	12	205,0	212,5	217,5	1	120,0	122,5	125,0	2	170,0	180,0	185,0	2	525,0	472,50	9
3. Tichy Alexandra	1990	AUT	81,27	0,9072	4	170,0	180,0	190,0	3	110,0	120,0	120,0	3	160,0	175,0	185,0	3	475,0	430,91	8
4. Kasperska Kamila	1992	POL	75,93	0,9434	5	160,0	170,0	180,0	4	75,0	80,0	80,0	4	140,0	150,0	155,0	4	400,0	377,35	7
84+ kg																				
1. Krevopuskova Ulyana	1991	RUS	106,00	0,8198	7	150,0	160,0	167,5	2	95,0	102,5	110,0	3	150,0	160,0	170,0	2	447,5	366,86	12
2. Koteles Maria	1992	HUN	131,25	0,7870	15	160,0	170,0	180,0	1	110,0	150,0	150,0	4	150,0	160,0	167,5	3	440,0	346,25	9
3. Lovas Monika	1994	HUN	111,45	0,8108	6	140,0	150,0	160,0	3	115,0	120,0	127,5	1	140,0	155,0	155,0	4	417,5	338,52	8
— Bialek Magdalena	1990	POL	87,25	0,8758	10	210,0	210,0	220,0	Disq.	110,0	117,5	120,0	2	180,0	195,0	205,0	1	Out	—	—

Nation (points)

1. Russia	54	[12+12+12+9+9]	2382,55 w.pts.
2. Ukraine	40	[12+12+9+7]	1976,07 w.pts.
3. France	35	[12+9+8+6]	1848,65 w.pts.
4. Hungary	31	[9+8+7+7]	1478,90 w.pts.
5. Norway	20	[12+8]	957,55 w.pts.
6. Austria	19	[8+6+5]	1273,28 w.pts.
7. Czechia	16	[12+4]	815,90 w.pts.

8. Poland	12	[7+5]	816,93 w.pts.
9. Germany	9	[9]	484,95 w.pts.
10. Denmark	8	[8]	427,61 w.pts.
11. Slovakia	7	[7]	437,14 w.pts.
12. Iceland	6	[6]	407,82 w.pts.
13. Lithuania	4	[4]	371,21 w.pts.

Best Lifters of Juniors

PL.	Lifter	Nation	B.Weight	WF	Total	W. points
1.	Osipova Ekaterina	Russia	55,23	1,1895	472,5	562,03
2.	Khrystova Varvara	Ukraine	56,57	1,1673	442,5	516,52
3.	Moskaleva Kristina	Russia	46,91	1,3468	372,5	501,67

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUT = Austria

HUN = Hungary

RUS = Russia

CZE = Czechia

ISL = Iceland

SVK = Slovakia

DEN = Denmark

LTU = Lithuania

SWE = Sweden

FIN = Finland

NED = Netherlands

UKR = Ukraine

FRA = France

NOR = Norway

GER = Germany

POL = Poland